

Region Progress Report July Data/August Activities

Region 1 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Emergency Psych Respite	Region 1 will provide this service.	OPERATIONAL DATE: 8/01/05	<p>The Crisis Respite Center has now served 10 consumers including 5 that are currently in the Center.</p> <p>All are followed by Emergency Community Support while in the Center, and for at least 90 days following their departure. Other follow-up services utilized have been:</p> <ul style="list-style-type: none"> • Traditional Community Support • Panhandle Mental Health Center – medication management, mental health and substance abuse counseling • Panhandle Community Services – primary care • Cirrus House – day rehab • Housing Authority • Voc Rehab • Human Services, Inc. – residential SA treatment • AA
Local Crisis Response Team & Emergency Community Support	Region 1 will provide ECS and CRT in Scottsbluff, Banner and Morrill Counties.	TARGET DATE: 9/31/05	Emergency Community Support are already well-established and underway. Seven additional staff is being trained for the LCRT, which will be operational in 9/05.
Acute & Secure	Regional West Medical Center is providing acute and secure services in Region 1.	OPERATIONAL DATE: 7/01/04	Five consumers were served in Subacute/acute inpatient services in August.
Dual Disorder Residential	Regional West Medical Center is	TARGET DATE: 10/15/05	RWMC is currently providing a limited dual diagnosis program (less than the planned 42 hours per week). They have hired a dually licensed

	providing this service.		provider but that person will not be able to join the program until October. Training is scheduled for late September and early October and will be open to providers in the Region. The only barriers at this time are staffing since two LMHP's left.
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Region Progress Report July Data/August Activities

Region 2 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Crisis Respite Beds	Liberty House in North Platte, Nebraska is providing Crisis Respite Services.	OPERATIONAL DATE: 1/1/05	Six consumers were served in July for a total of 24 bed days.
Acute Inpatient and Subacute for Commitments	Richard Young Hospital and Great Plains Medical Center are providing acute and Subacute services for Region 2 consumers.	OPERATIONAL DATE: 10/1/04	Four consumers were served in acute care for a total of 17 bed days. Four consumers received sub-acute care for a total of 32 bed days. In order to find care for longer than 30 days we are utilizing every resource available to us in the state.
Crisis Response Team	Emergency Support program is a service of Region 2 Human Services.	OPERATIONAL DATE: 2/1/05 7-1-05 (Region)	Eight potential EPC's were diverted to voluntary care and six crisis assessments provided.
Emergency Community Support	Emergency Support services are provided by Region 2 Human Services.	OPERATIONAL DATE: 7/04 7-05 (Region)	Thirty-two consumers were served in emergency community support. The Region is exploring possibilities with assisted living centers and families for housing with community support and other services as wrap-around while waiting for consumers to access short term residential treatment for substance abuse.

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Dual Disorder Residential beds	CenterPointe is the provider and the contract was signed on February 24 th , 2005.	OPERATIONAL DATE: 1/05	Four consumers were served for a total of thirty-seven bed days.
Community Support	Goodwill and Region 2 Human Services are the providers of this service.	OPERATIONAL DATE: 12/04	213 consumers were served in mental health community support. <u>Barrier</u> The demand and the severity and complexity of client needs remains a challenge. Over time we will need more staff to meet this need.
Medication Management	Region 2 is providing this service.	OPERATIONAL DATE: 12/15/04	281 consumers were seen by the physician in medication management. 161 medication boxes were filled by a nurse on contract with the Region. 120 consumers are helped with access to free medications through pharmaceutical companies. Six consumers were assisted in scheduling medication visits with other physician's by the Emergency Support program. <u>Barrier</u> Our physician's schedule is full. New consumers can not be scheduled until November/December.
Substance Abuse Short Term Residential	St. Monica's and Touchstone are providing this service for Region 2.	OPERATIONAL DATE: 1/05	Sixteen consumers were served.
Phase IIa Day Rehab	Our Phase IIA funding was for Day Rehab.	OPERATIONAL DATE: 4/1/05	75 consumers were served and 598.5 units provided. We have formed a team to look at all the possibilities and we will implement new programming in January to address those coming into day rehab with dual diagnosis issues.

Region Progress Report July Data/August Activities

Region 3 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Acute Inpatient	Richard Young Hospital and Mary Lanning Hospital are providing acute inpatient services for Region 3 consumers.	OPERATIONAL DATE: 11/01/04	<p>MLH served fifteen consumers in acute care.</p> <p>RYH served four in consumers in acute care.</p> <p><u>Barrier</u> Transportation continues to be discussed at all 3 Emergency Systems meetings. County Attorneys, law enforcement and providers feel strongly that once a participant is committed to HHSS, HHSS is responsible for any transportation after the initial trip from the Mental Health Board Hearing to the acute care facility.</p> <p>Region 3 is reimbursing transportation costs for participants that have no other means, to be transported from the acute care setting to another level of care. The transportation costs in our more rural counties, (with lower tax bases) who have assisted living facilities, continues to rise due to participants being EPC'd and committed out of those programs.</p>
Crisis Stabilization Unit (CSU)			
• Crisis Stabilization	Mid-Plains Center for Behavioral Healthcare Services (MPC) has identified the Bauman Building site for the CSU and has started renovations.	TARGET DATE: 11/1/05	<p><u>Barrier</u> The phone service continues to be a challenge for the CSU. They continue to train staff and revise their protocol to address this issue. The CSU is in the process of hiring psych techs to assist in answering crisis calls.</p>

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
• Psych Respite	MPC continues their renovations for the bed based services.	TARGET DATE: 11/1/05	<u>Barrier</u> The CSU renovations have ceased due to the need for Day Treatment program to be relocated out of the Bauman building site. The intent is that full renovations will begin again at the end of September.
• Medically Assisted Detox	The CSU will be located at MPC current outpatient site with the renovations beginning in June 2005 and a projected service delivery date by 11/1/05.	TARGET DATE: 11/1/05	Please see above
• Urgent Outpatient	MPC provides this service through their outpatient clinic. Evening hours have been extended to increase access.	OPERATIONAL DATE: 11/1/04	Twenty consumers were served in urgent OP. <u>Barrier</u> Referrals for bilingual services continue to increase with MPC working on continued outreach for these specific populations. Effective 9/01/05 a bilingual APRN will be at MPC M-F from 5:00-8:00 p.m.
• Emergency Community Support	Goodwill Industries of Greater Nebraska provides service along with Region 3 and Mary Lanning Hospital.	OPERATIONAL DATE: 1/1/05	32 participants were served in emergency community support through Goodwill services. The issue with transportation to detox appears to be resolved.

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
<ul style="list-style-type: none"> Crisis Response Team 	Three Crisis Response Teams are operational across the entire region. Training and networking with area law enforcement has occurred.	OPERATIONAL DATE: 10/1/04	49 calls were received through the crisis line. MPC is hiring additional psych techs to help with the calls.
<ul style="list-style-type: none"> Crisis Med Management 	MPC provides this service through their Crisis Stabilization Unit.	OPERATIONAL DATE: 12/1/04	Medication management served 43 consumers through MPC. MPC continues to develop staff to assist participants who are working on applications for medication assistance programs.
<ul style="list-style-type: none"> Drop-In Center 	Drop-In Center is currently operational in the MPC Bauman Building Monday through Thursday. 24 hour services will begin in the fall of 2005.	OPERATIONAL DATE: 1/1/05	<p>Fourteen consumers were served in the Drop-In Center.</p> <p>MPC is in the process of hiring psych techs and additional staff for the additional hours of service including the Drop- In Center.</p>
Dual Disorder Residential	Catholic Charities is developing Dual Disorder Residential treatment services in Columbus for both Regions 3 and 4.	TARGET DATE: 10/31/05	Phase I renovations are complete; phase II renovations are pending the relocations of other tenants to begin work on the Dual Unit. Renovations should begin the 3 rd week of September. Anticipated opening date late October. Catholic Charities has hired; one part-time RN with a master's degree, a Therapist/Supervisor who is dually credentialed and the Business Coordinator. Two additional nurses and a Psychiatric Nurse Practitioner will be interviewed the first of Sept.

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Community Support – MH And SA	Goodwill Industries and South Central Behavioral Services have expanded their Community Support MH and SA services to cover all of Region 3.	OPERATIONAL DATE: 1/01/05	<p>Goodwill served ten consumers in MH and three in SA Community Support.</p> <p>Through expanded BH reform capacity South Central Services served 35 participants in MH Community Support and ten in SA Community Support.</p>
Medication Management	Region 3 is contracting with RYH in Kearney, the Lanning Center in Hastings, the Lanning Center working through South Central Behavioral Services in Kearney, and Mid-Plains Center in Grand Island regarding the provision of this service.	OPERATIONAL DATE: 5/1/05	<p>The Lanning Center provided medication management services for nineteen additional participants in Kearney and twenty in Hastings.</p> <p>97 consumers were served by MPC.</p> <p>Effective 9/01/05, the bilingual nurse practitioner will be available in the evening hours providing additional access to consumers. MPC is developing community information to spread the news this service is available. The additional hours have allowed more participants to receive the service although it is difficult to assess an exact number.</p> <p>Recommendations for accessing medications would include funding for personnel to assist in gathering the needed documentation to apply for patient medication assistance programs. Additional funding to assist participants in paying for their medications until they receive confirmation they qualify for the program. Allowing non-med compliant participants easier access to IM medications. Providers say it is difficult to be reimbursed for these costly medications.</p>

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Psych Residential Rehab	South Central Behavioral Services, Able House is providing this service for Region 3 consumers.	OPERATIONAL DATE: 1/01/05	One additional person is served through expanded capacity. <u>Barrier</u> Able House has a waiting list of 5, the majority wait list are participants currently in a RC.
Short-Term Residential	Region 3 has expanded the contract with Behavioral Health Specialists/Seekers of Serenity for the provision of additional STR services.	OPERATIONAL DATE: 1/01/05	One additional participant has been served utilizing Behavioral Health Reform funds. <u>Barrier</u> Accessing timely medications continues to be a challenge; alternative resources include LB95, pharmaceutical med assistance programs and general assistance.
Crisis Respite/ Acute Inpatient (Voluntary)	Service will be provided by RYH of Kearney and will serve the western portion of Region 3.	OPERATIONAL DATE: 9/01/05	The FY06 contract has been issued with a change in service type designation. This allows Region 3 individuals access to inpatient care on a voluntary basis at the onset of acute symptoms, rather than allowing an individual to decompensate to the point where involuntary placement through EPC is needed.
Telemedicine	Region 3 purchases time on existing hospital network and has purchased mobile telemedicine equipment for Com. Support, Emergency Com Support, and Crisis Response Team providers.	OPERATIONAL DATE: 6/15/05	R3 is in the process of rolling out this new service. We plan to educate a core group of providers with the assistance of RYH on Sept 9.

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Day Rehabilitation	Region 3 is contracting with South Central Behavioral Services (SCBS) to develop Day Rehab services in Kearney. SCBS has formed a Participant Council to provide recommendations and input for the development and operation of the program.	OPERATIONAL DATE: 7/05/05	Fifteen consumers were served in day rehab in Kearney.
Halfway House	Region 3 is contracting with South Central Behavioral Services to expand their half way house services through the Freedom House in Kearney.	OPERATIONAL DATE: 5/01/05	One person was served by Freedom House in Kearney.

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Region 4 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Acute/Subacute	Region 4 has contracted with Faith Regional for acute/subacute services.	TARGET DATE: 3/1/06	No further development. Faith Regional is interviewing for behavioral health director; anticipated hire date: October 1, 2005.
Crisis Response Team	Region 4 has contracted with Behavioral Health Specialists (BHS) in Norfolk area/Madison County.	OPERATIONAL DATE: 8/1/05	The Crisis Response Team has had 21 contacts (19 face-to-face, 2 by phone). Of the 21 contacts, no adults were EPC'd. One call was from police regarding an adolescent; it is unknown whether this resulted in an EPC.
Emergency Community Support	Region 4 has contracted with Heartland Counseling for this service in northeastern Nebraska.	OPERATIONAL DATE: 3/1/05	Five consumers have been served by Heartland Emergency Community Support.
Emergency Stabilization	Region 4 has contracted with Catholic Charities for this service.	TARGET DATE: 12/1/05	Phase One: Emergency Stabilization area is gutted and being rewired. No reconstruction started yet. Phase Two: Reconstruction to begin.
Psych Res Rehab	Region 4 has contracted with Catholic Charities for this service	TARGET DATE: 10/01/05	Phase One: Reception area has been moved. Res Rehab is starting to install the new bathrooms and rebuild the walls that were torn out. No work started on the RR laundry room or kitchen, yet. Still think that first week of Oct is viable date for starting services. Region 4 will begin working with NRC and Catholic Charities on the filling of the 8 psych res rehab beds in Columbus.

Community Support	Region 4 has contracted with Catholic Charities/Heartland Counseling for this service in the Columbus area and Northeastern counties.	OPERATIONAL DATE: 3/1/05	Four consumers were served by Catholic Charities.
Crisis Respite	Region 4 has contracted with R Way, Rainbow Center, & Liberty Centre for this service.	OPERATIONAL DATE: 3/15/05	Two consumers were served by Liberty Center. One person was served by Rainbow Center.
Dual Disorder Residential	Region 4 has contracted with Catholic Charities for this service.	TARGET DATE: 10/31/05	Phase One: Dual Diagnosis area is beginning to be rehabbed with the new bathroom being installed in the old group room. When outpatient moves, on or about September 9th, work can begin on installing sinks and toilets in the DD single rooms (6).
Day Rehab	R Way, Rainbow Center, & Liberty Center received funds from Region 4 to expand capacity.	OPERATIONAL DATE: 3/15/05	28 consumers were served.
Med Management	Faith Regional Health Services is the contracted provider for this service in Region 4.	OPERATIONAL DATE: 3/15/05	11 consumers were served. Region 4 will be exploring options with a Norfolk provider to expand/create more of this service.
Phase IIa Community Support	Additional Community Support in 5 locations in the Region.	OPERATIONAL DATE: 3/15/05	97 consumers were served in MH Community Support and 64 in SA Community Support. Region 4 is currently quantifying the needs in these areas. The Region will be presenting these figures to the State for consideration.

Region Progress Report July Data/August Activities

Region 5 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Assertive Community Treatment Team	Providers: The Community Mental Health Center (CMHC) of Lancaster County, Lutheran Family Services, and CenterPointe	OPERATIONAL DATE: 7/1/05	<p>Four consumers have been enrolled in ACT as of 8/31/05. Six additional consumers have been approved by Dr. Bremer for admission (5 of which have received Magellan authorization).</p> <p>The Region hired a Housing Specialist effective 8/22/05 to implement the Rental Assistance program. The Housing Specialist is working in conjunction with the ACT team staff and Regional Center social work staff to get applications for the rental assistance program completed for potentially eligible consumers.</p>
Emergency Community Support/Crisis Response Teams	Providers: Blue Valley Mental Health Center, Lutheran Family Services, and Houses of Hope	OPERATIONAL DATE: 5/1/05	<p>Emergency Community Support served 21 consumers in July and 32 consumers in August. YTD 53 units of service have been provided.</p> <p>The Crisis Response Teams have contracted with 6 therapists; in addition, five other candidates are being interviewed. The Program Coordinator has met with the York, Saline, and Seward County sheriff departments and Nebraska City, Crete, Syracuse, Wilber, Henderson, York, Milford, and Seward police departments to discuss development of the crisis response teams. Negotiations are underway to establish the crisis line for the program.</p> <p>Staff from Region V, the Crisis Center and the ERCS program met to outline the process for referring repeat EPC's. Eight repeat EPC referrals were received during the month of August.</p> <p>Office space for the program has been identified at the 20th & P location. The program will be housed in the same building (2nd floor) as the ACT team. Construction is set to begin this month.</p>

<p>Phase IIa Community Support MH, Halfway House, Short Term Residential, Community Support SA, Therapeutic Community, Dual Residential</p>		<p>OPERATIONAL DATE: 5/1/05</p>	<p>Three consumers have been referred to Cornhusker Place from LRC. One consumer was admitted to a different agency for Dual Disorder Residential treatment. One was denied due to legal problems (has an ankle monitor) and the other was denied due to medical issues.</p> <p>Region V is corresponding via email and phone with LRC staff weekly to ensure that RC staff is up-to-date on the capacity available within the Region.</p> <p>Touchstone received two referrals from LRC in August. They have received six referrals since implementation of the two new beds and have served five consumers in the increased capacity.</p> <p>Six individuals have been served through the expanded Community Support-SA capacity at CenterPointe. One referral is pending determination of eligibility.</p> <p>The two additional TC beds at St. Monica's are currently filled.</p> <p>St. Monica's is working to initially serve referrals in the STR program and is then transitioning these clients to the TC beds.</p> <p>The expanded capacity (two beds) at CenterPointe is currently filled.</p>
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Region Progress Report July Data/August Activities

Region 6 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Community Support	Service providers: Catholic Charities, Friendship Program and Lutheran Family Services	OPERATIONAL DATE: 12/04	Catholic Charities- Twelve in Community Support (MH), One in Community Support (SA). Lutheran Family Service has accepted twenty referrals for Community Support Reform clients. Five of the twenty are pending admission based on client discharge to the community.
Day Rehab	Service provider: Community Alliance	OPERATIONAL DATE: 12/04	55 consumers have been served. An architect has been hired and has started initial drawings; the previous owner was not able to provide blueprint plans for the building. The design phase will be initiated in the next month.
Psych Res Rehab	Service provider: Community Alliance	OPERATIONAL DATE: 12/04	32 consumers have been served. 28 consumers are currently in Res Rehab services under reform which exceeds the twenty bed expansion capacity and demonstrates that reform clients continue to receive priority. It is our work with each person and their recovery plan that moving to a "lower level of care" is the primary residential goal. That process has obviously started with each individual and the staff's work with the consumer.
ACT	Service provider: Community Alliance	OPERATIONAL DATE: 12/04	Fifteen consumers have been served. Staffing has not been a barrier for admissions; while we have experienced recent turnover; two of the three positions have been filled.

			<u>Barrier</u> A barrier is locating appropriate housing. We continue to seek assisted living, although very limited, and apartment owners who have units affordable and available.
Emergency Community Support	Service Provider: Salvation Army	OPERATIONAL DATE: 1/24/05	Fifteen CRT assessments have been completed this month through diversion. The Program Assessment Coordinator has established hours at Alegent Center for Mental Health on Tuesday and Thursdays and at Douglas County Hospital on Wednesdays. This process has been successful in impacting diversions as it assists in assuring that individuals who are BOMH committed are reviewed by CRT.
Dual Disorder Residential	Service Provider: Catholic Charities	OPERATIONAL DATE: 1/24/05	Currently eleven consumers are being served (two discharges this week).
Crisis Response Team	Community Input Obtained from Dodge and Washington Counties	TARGET DATE: TBD	Region has submitted proposal for inclusion of Crisis Response Teams in a Crisis Triage Center. Law Enforcement continues to voice concerns with this service, but will begin implementing the Crisis Intervention Team, in the near future. CIT is an evidence based practice that has helped other cities provide more consumer friendly response by law enforcement.
Sub Acute Inpatient	Telecare	TARGET DATE: 8/30/05	The service started on August 30.
Community Resource Center	Discussion Among Key Stakeholders	TARGET DATE: TBD	Meetings continue to occur with local stakeholders.
Medication Management	Service Providers: Catholic Charities and Lutheran Family Services	OPERATIONAL DATE: 2/05	Lutheran Family Services has accepted twenty Med management client referrals from the CRT team. One referral has not completed contact with LFS.

			<p>Catholic Charities-Current three</p> <p><u>Barrier</u> Catholic Charities indicates that generally this is flowing better but the medications for physical conditions remain a significant problem. The medical condition of the clients seen in Dual Diagnosis is very high and availability of funding to continue these medications is almost non existent.</p> <p>There are still occasional issues with getting meds arranged when the client is coming from LRC or HRC facilities and this was not pre-arranged with NRC before discharge. This is problematic when the client is discharged with limited medications.</p>
Phase IIa Crisis Response Teams	Additional funds are available for Crisis Response Teams in Douglas and Sarpy County.	TARGET DATE: TBD	See Above